

Fostering Leadership, Advocacy and Professionalism

# 2023 Virginia Probation and Parole Association Annual Business Meeting and Training Event



"Embracing the Future Together"

July 12-14, 2023

Omni Richmond Hotel

100 South 12th Street Richmond, Virginia

## Welcome



July 12, 2023

Dear Colleagues,

It is our pleasure to welcome you to the 35th Annual Virginia Probation and Parole Association Business Meeting and Training Event. Thank you so much for joining us! VPPA prides itself in providing a quality training experience you deserve. We have an agenda full of dynamic speakers. Please enjoy the next few days as we learn and network together.

Sincerely,

Virginia Probation and Parole

#### VPPA BOARD OF DIRECTORS

#### 2022-2023

#### **EXECUTIVE COMMITTEE**

Stanley Tucker (Virginia Beach), President
Erin Moore (ERO-OLU), Vice President
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#### Western Region:

Heather Belcher (Staunton) Shawn Trimble (Roanoke) Whitney Breeding (Tazewell) Ashley Shreve (Tazewell)

#### Central Region:

Chris Chase (Manassas) Nathan Hamm (Henrico) Shanice Edwards (Culpeper) Shannon McDowney (Henrico)

#### Eastern Region:

Marianne Early (Brunswick CCAP) Lisa Schafer (Newport News) Elizabeth Harrell (Chesapeake) Angela Jeffries (Franklin)

## Conference Agenda

### Wednesday, June 12, 2023

- 11:30-1:00: Registration James River Foyer
- 1:00-1:30: Welcome/Opening Remarks James River Salon C
- 1:30-3:00: Joe Roberts, Skid Row to CEO / Justice Keynote
- 3:00-3:15: Diamond Sponsor Speaker Shadowtrack Technologies
- 3:15-3:40: Break James River Foyer
- 3:40-3:45: Door Prize Drawings James River Salon C
- 3:45-5:00: Joe Roberts Skid Row to CEO / Motivational / Energy Management
- 5:00-6:30: Networking Reception James River Foyer Day attendees please stay for the reception

### Dinner on your own

Joe Roberts aka "The Skid Row CEO" - Keynote Speaker



Joe Roberts aka The Skidrow CEO is an expert on resiliency and change. Having experienced both catastrophic failure and extraordinary success Joe teaches how to overcome the roadblocks that get in the way of high performance. He helps companies and individuals redefine what's truly possible by confronting limiting mindsets. Participants at Joes' events leave inspired and moved to action. What is most amazing about Joe is that in 1989 he was living on the streets of Vancouver as a homeless skid row addict. Through perseverance, determination and his resilient human spirit, Joe pulled himself out of darkness and despair, to become a highly respected business and community leader.

# Conference Agenda

#### Thursday, July 13, 2023

7:00-8:30: Registration: James River Foyer—Please be sure to check in everyday

Breakfast – James River Salon AB - Day attendees please attend breakfast

8:30-9:00: VPPA Annual Business Meeting: James River Salon C

9:00-10:00: Ron Ward, Life Coach/Motivational

10:00-10:15: Diamond Sponsor Speaker: Spectrum Health Systems, Inc.

10:15-10:40: Break

10:40-10:45: Door Prize Drawings: James River Salon C

10:45-12:00: MH/Resiliency Issues
Melissa Mildrum M.S. Ed., LPC and
Tommie Gearhart MSW Virginia Department of Corrections

12:00-1:30: VPPA Awards Luncheon – James River Salon AB

1:30-2:30: Team Building Activity

2:30-3:00: Networking Activity

3:00-3:15: Diamond Sponsor Speaker – River City Comprehensive Counseling Services

3:15-3:40: Break – James River Foyer

3:40-3:45: Door Prize Drawings – James River Salon C

3:45-5:00: VADOC Commercial Driver's License Program
Cleon Ross, Assistant Superintendent of CTE Programs
Virginia Department of Corrections – Correctional Education

#### Dinner on your own

7:00-11:00: Masquerade Social Event—James River D
DJ & Dance - Light hors d'oeuvres, Cash Bar, & Semi Formal Attire

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#### Western Region Representatives:

Candace Baird (Abingdon)
Tawny Booth (Radford)
Whitney Breeding (Abingdon)
Ashley Shreve (Tazewell)

#### Central Region Representatives:

Chris Chase (Manassas)
Nathan Hamm (Henrico)
Shanice Edwards (Culpeper)
Stephanie Boteler (Leesburg—Warrenton)

#### Eastern Region Representatives:

Marianne Early (Brunswick CCAP) Lisa Schafer (Newport News) Elizabeth Harrell (Chesapeake) Angela Jeffries (Franklin)

#### Central Office Representative:

Anne Elmakis (VA DOC HQ)

Ron Ward is the author of the Amazon best seller, The Dirty Side of Leadership and cohost of the popular podcast under the same name as the book. He is a sought-after speaker, consultant, trainer, and founder and CEO of 4Ward Operations (a network of authors, thought leaders, trainers and consultants). He previously served as the Academy Director for all Federal Probation and Pretrial Services Officers at the Federal Law Enforcement Training Center (FLETC) in Charleston, South Carolina. Ron also oversaw the US Probation and Pretrial National Wellness Committee. As academy director, Ron was responsible for training all newly hired U.S. Probation and Pretrial Services Officers, and the certification and recertification of the agency's firearms, safety, and search team instructors.

Ron served as Chair of the Federal Law Enforcement Training Accreditation Board of Directors (FLETA) from August 2012 through September 2014, which included all major federal law enforcement agencies in the United States. Ron is a former USA/AAU East Coast Karate Silver Medalist and qualified for the US Karate Team. Ron holds a Bachelor of Arts degree in Education from Emory and Henry College, Emory, Virginia, and a Master of Science Degree in Criminal Justice Administration from Mountain State University, Beckley, West Virginia Information Technologies Agency.

Melissa Mildrum is a Licensed Professional Counselor and received her Master's at Old Dominion University, completing her internship at Indian Creek Correctional Center. Melissa is currently a District Mental Health Clinician for Chesapeake and Gloucester Probation. She has worked for the Department of Corrections for 8 years, 3 in the institutions and 5 in the community. Melissa is a certified SMS 101 instructor and a Healing Environment Ambassador

**Tommie Gearhart** received her Master's Degree in SocWork from Virginia Commonwealth University. Tommie recently transferred to the Norfolk Probation Office as the District Mental Health Clinician. Tommie has worked for the Department of Corrections for the last six years where she spent her time as the District Mental Health Clinician for Petersburg Probation, Emporia Probation, and Brunswick CCAP. Tommie's professional experience includes employment at Central State Hospital and in Emergency Services at Hanover Community Services Board.

#### 2023 VPPA Award Winners



**Missie Johnson** 

Surveillance Officer:

**Victor Ortiz** 

Probation and Parole Officer of the Year:

Selinda Robinson

Leadership:

**Stephanie MacDonald** 

VPPA Member of the Year:

**Nathan Hamm** 

Lifetime Achievement:

Randi Lanzafama

CONGRATULATIONS!!!!!

Cleon Ross II is the Assistant Superintendent of Career and Technical Education programs for over 165 CTE programs in the Commonwealth of Virginia for the Virginia Department of Corrections – Correctional Education. Mr. Ross has worked in corrections for over 24 years in many capacities to include as an Educational Program Coordinator, Regional Principal, Assistant Principal, ABE Instructor, CTE instructor, library assistant and a Counselor. He currently holds an Ed.S. and a M. Ed. from Liberty University as well as two bachelor's degrees from Southern New Hampshire University. Mr. Ross is a Virginia Department of Education state licensed superintendent and endorsed in business and administration. Mr. Ross is also certified in IC3, 2 MOS certifications, VEI graduate and ELA from VCU and the MVP program graduate. Mr. Ross has won the Governors Award for Workforce Development in 2019, and the Directors Award for Public Safety in 2018. Under Mr. Ross's leadership VADOC has won the STAR Award in 2016 and the VCU Public/Private Partnership Award in 2019.

## Conference Agenda

Friday, July 14, 2023

7:30-8:30: Registration – James River Foyer
Please be sure to check in everyday
Breakfast Provided - James River Salon AB
Day attendees please attend breakfast

8:30-9:00: Engagement Activity

9:00-10:00: Topic – GRRPA/NIC Sponsored Training Gender Responsive Policy/Planning Training Wendy Goodman / Djuanwa Cooke

10:00-10:30: Break & Check Out

10:30-10:35: Door Prize Drawings – James River Salon C

10:35-11:45: Employee Health and Wellness Carrie Baines, NWI-CWP, NBC-HWC, RYT-200 Sr. Employee Health & Wellness Coordinator Virginia Department of Correction

11:45-12:00: Closing Remarks Final Door Prize Drawings

\*\*Agenda Subject to Change

CONGRATULATIONS, You just earned 14 hours of ASD Training Credits.

Safe Travels!!! See You Next Year!!!!

Ms. Wendy Goodman currently serves as the Administrator of Case Management and Program Infrastructure for the Virginia Department of Corrections and served over sixteen years in probation and parole management, including eight years as a Chief Probation Officer, prior to her current position. Ms. Goodman oversees the Programming Unit in the Division of Programs, Education, and Reentry. She is the administrator for the agency-wide contract for Risk/Needs assessments and screeners and manages a team with primary oversight of all institutions and community corrections sites in the areas of annual program evaluations, program infrastructure, program support, facilitator coaching, and a variety of special projects and agency collaborations. Current work projects include expansion of initiatives such as the WRNA, COMPAS-R, GRPPA-CV, cognitive counselors in community-based settings, program facilitator support and coaching, and Reentry Optimization.

Ms. Goodman is a past presenter at the American Correctional Association, the American Probation and Parole Association, the National Sentencing Commission, and the Corrections Technology Association. She was a 2013 recipient of the Director's Award for Innovation and a 2015 recipient of the VADOC Managers' Award for Data Driven Decision Making. Her previous work includes serving as Chair of the Evidence Based Decision Making Policy Team (EBDM) for Charlottesville-Albemarle. This team was the recipient of a National Institute of Corrections Grant to build a framework for local criminal justice administrators to use in making evidence-based policy and practice decisions. She was part of a team in Charlottesville, Virginia that developed the Administrative Response Matrix, now being used at various locations across VADOC Community Corrections. Ms. Goodman holds a bachelor's degree from Virginia Tech in Family and Child Development, and a master's degree in Social Work from Virginia Commonwealth University. She currently serves as a Peer Reviewer for the U.S Department of Justice, Office of Justice Programs, Bureau of Justice Assistance.

**Djuanwa (DJ)** Cooke is a native of Williamsburg, Virginia. She graduated from the University of Virginia, receiving her Bachelor of Arts in Sociology. Thinking that she originally wanted to go to Law School, all of that changed when she participated in the Semester Program at American University and had the opportunity to visit jails and prison. She worked in local jails, courts, even bankruptcy courts then in juvenile detention centers before she began her career with the Virginia Department of Corrections in 2009 as a Probation and Parole Officer in Charlottesville, Virginia. She was promoted to Unit Manager at the Virginia Correctional Center for Women in 2012 (of the Cognitive Community) and then moved to the Fluvanna Correctional Center for Women in the Honor Wing/Dog Program in the same role as unit manager in 2015. In 2016, she returned to Charlottesville Probation and Parole and was promoted to Senior Reentry Probation Officer in 2018. In 2021, Djuanwa accepted her current position as Evidence Based Practices Manager in the Central Region of VA for the Community. In her current role, she teaches Basic Core Correctional Practices to new Probation & Parole Officers, and ensures the proper implementation of evidence based practices in the department. She is also a grant administrator for the SMART award grant that focuses on the Administrative Response Matrix (ARM), As an EBP Manager she is often found training and informing others of policy changes within the department. Djuanwa is a Subject Matter Specialist (SMS), EPICS Coach, Dialogue Practitioner, Decision Points Facilitator, assists with the DEI Strategic Plan and an American Heart Association CPR/First Aid and AED Trainer. She also graduated from the LEAD program in 2014 as a Certified Corrections Manager. Djuanwa is passionate about reaching people on both sides of corrections and helping others learn how to do so as well!

Carrie Baines, MS, CHES®, NWI-CWP, NBC-HWC, RYT-200 Sr. Employee Health & Wellness Coordinator Virginia Department of Corrections

Carrie Baines is the Sr. Employee Health & Wellness Coordinator for the Virginia Department of Corrections (VADOC). Ms. Baines leads the Employee Health & Wellness (EHW) unit in the Office of Human Resources. The EHW unit provides VADOC employees, their families, and retirees with education, support, and resources on their health and wellness needs. Since the inception of the EHW unit in June 2022, Ms. Baines and her team has provided over 330 programs and services for over 4500 VADOC staff.

Carrie has worked over 20 years educating, coaching, and teaching others the importance of their health and well-being not only at home but in the workplace. Ms. Baines believes in providing opportunities for the employee to focus on their holistic wellness throughout their day. She has extensive experiences in public speaking, strategic planning, curriculum and course development, cultural competency, mentoring and developing employees; and collaborating with key stakeholders. While much of her background focuses on physical activity and mindfulness, she also has extensive experience in mental health and well-being, stress management, sleep hygiene, community health, nutrition, sexual health, and safety education.

A native of the Midwest, Ms. Baines has a bachelor's in Health Promotion from the University of Northern Iowa and a master's degree in Recreation and Tourism Management from Arizona State University. As a firefighter's wife, she understands the importance of supporting not only the first responder but their entire family. Providing support, education, and resources will help the first responder and their family live a happy and productive life. She continues to pass her love of wellness by educating others about the benefits of living holistically, teaching yoga and mindfulness, and assisting others on their journey of becoming intentional in their actions to live a healthy and active life.

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# Mission BBQ (Glenn Allen, VA location)

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